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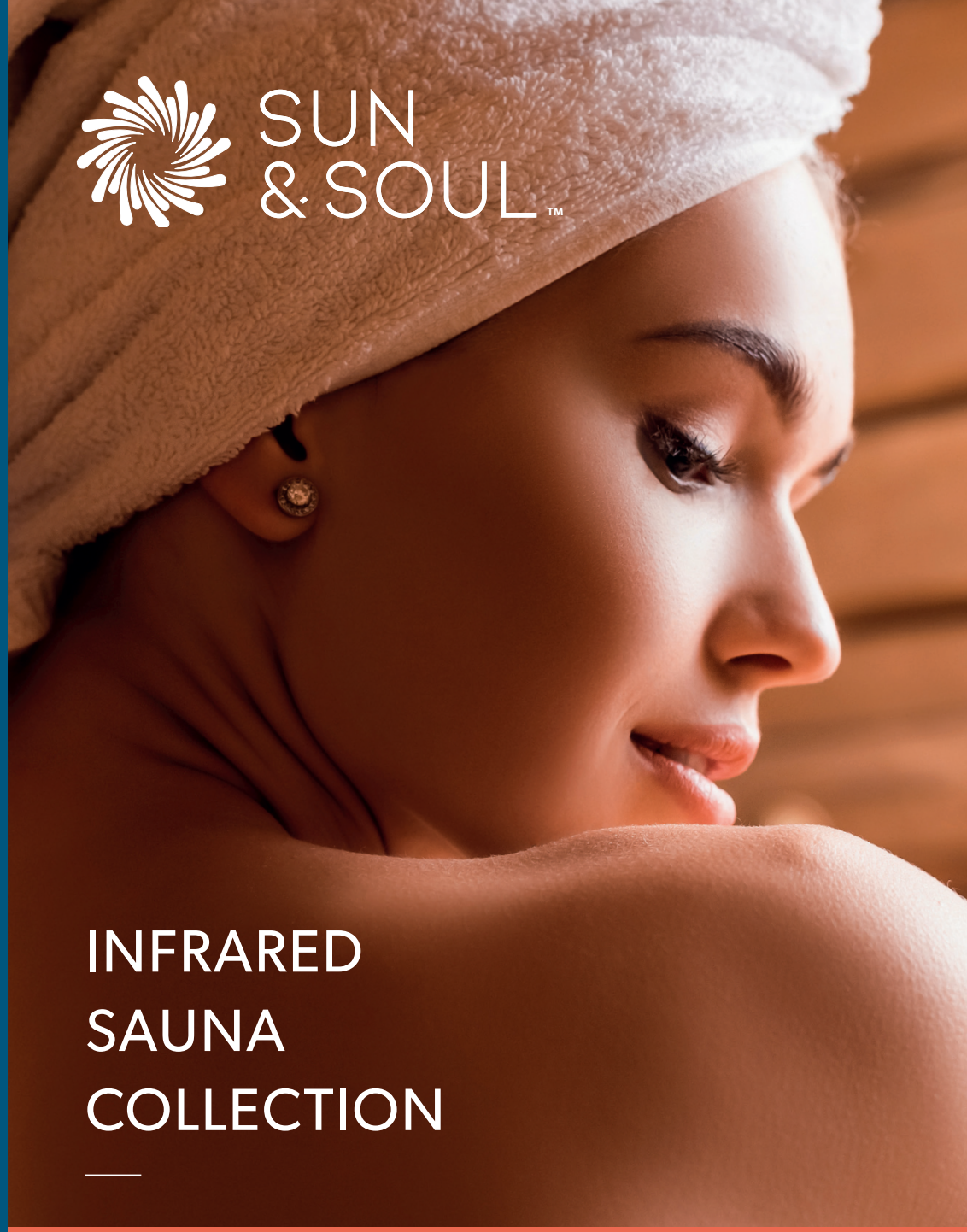
SUN & SOUL™

Jacuzzi Spa and Bath Ltd. Jacuzzi Group Head Office,
8 Turnberry Park Road, Gildersome, Morley, Leeds LS27 7LE



SUN & SOUL™

INFRARED SAUNA COLLECTION

INFRARED **SAUNAS**

Discover the Sun & Soul™ Infrared Sauna Collection

A Sun & Soul™ sauna is the perfect way to care for your mind, body and soul.

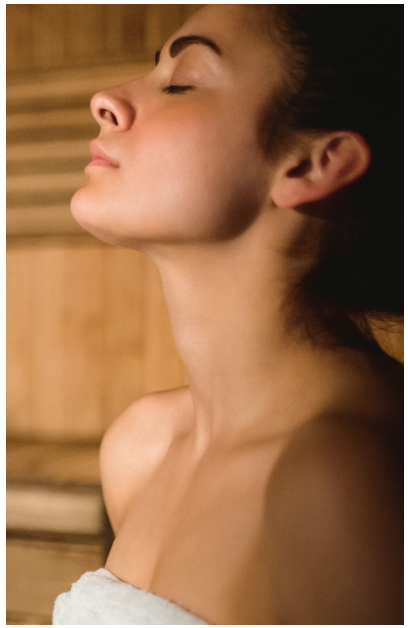
Never tried an infrared sauna? They're similar to steam ones, but without the extreme temperature. Instead, they heat the body direct to induce a deep sweat

As well as having many wellness benefits, our infrared saunas are a natural way to rest and relax.

Sauna Features

Our infrared saunas come with:

- Far infrared spectrum heaters (the closest of the wavelengths to the human body's infrared heat). Their low EMF carbon construction is more efficient and improves even heat distribution to prevent 'hot spots'.
- Two front-facing infrared heaters for comprehensive surround infrared heat therapy.
- An integrated digital control panel so you can easily adjust the temperature and duration of your session.
- A solid wood bench made of durable furniture-grade materials.
- Built-in therapeutic chromatherapy for even more wellness benefits.
- An enhanced sound system with Bluetooth® capabilities so you can listen to your favourite music during your session.



SUN100™

1 PERSON

Dimensions (exterior)
101.6 x 111.76 x 200.66 cm
195.045kg

Electrical:
1,680W / 230V / 7.30A

SUN200™

2 PERSON

Dimensions (exterior)
114.3 x 111.76 x 200.66 cm
208.652kg

Electrical:
1,820W / 230V / 7.91A

SUN300™

3 PERSON

Dimensions (exterior)
160.02 x 111.76 x 200.66 cm
260.816kg

Electrical:
2,180W / 230V / 9.48A

Sauna Benefits

- Improves your body's overall well-being.
- Gives you a dedicated space for quiet rest and relaxation.
- Relieves stress and helps promote deep, restorative sleep.
- Supports mental focus, awareness and clarity.
- Good for your mind and mood.
- Supports recovery after exercise to help maintain cardiovascular health.
- Cleanses and hydrates skin for a glowing look.

SUN & SOUL™